Sprint Planning Exercise Instructions

1. **Load and Download the Exercise Materials:**Download the recipe packet from SharePoint:<http://ilink/its/agile/Agile%20Learning%20Center%20Document%20Library/AFS%20Materials/Sprint%20Planning%20Workshop/Receipes.pdf>   
   Log into planning poker tool:  
   <https://play.planningpoker.com/play/game/lNEpVWXw>
2. **Review exercise instructions:  
   *The Team:*** “The Fam”  
   Two adults, three kids, ages of 10 – 17.   
   Each family member is responsible for cooking dinner one night a week, ideally allowing for two nights of leftovers.   
   ***The working agreements:***   
   Sprint begins Saturday and runs for 7 days.   
   Sprint planning occurs Friday night after dinner.   
   Daily Scrum is nightly during the meal.  
   Mom (scrum master) shops for groceries once a week on Saturday, all ingredient lists are due by 3:00 PM on Saturday.  
   Backlog grooming is held Tuesday and Thursday after dinner.  
   Each family member nominates a meal they will cook, the meals are accepted or rejected by the product owner (Dad).  
   Implementation details and acceptance criteria are established by consensus during backlog grooming.
3. **Review the rules of planning poker:**1. Story is ready aloud and relevant questions are asked.  
   2. Everyone chooses a card with the story point value they believe is correct for the story.   
   3. The cards are filped and compares estimates.   
   4. The highest and lowest estimates explain why they provided that point value.  
   5. If needed, play another round.  
   5. A maximum of three rounds, then the highest estimate is taken.
4. **Review the baseline story:  
   CARD:** I want to serve hamburger helper and a garden salad for dinner so that I can fulfill my obligation to make dinner for the family once a week   
   **CONFIRMATION:** I will know this is done when:  
   Dinner is served at 5:30 PM on Thursday.  
   Dinner will feed 5 people, three kids and two adults.  
   **CONVERSATION:**  
   The garden salad will be a bagged salad with store bought ranch dressing.  
   Dinner prep will start no later than 5:00 PM.   
   The only ingredients needed are: 1.5 lbs ground beef (80% lean), milk, bag salad, Newman’s Own Italian dressing.
5. **Load Jira Scrum Board:** <https://kofcsupreme.atlassian.net/secure/RapidBoard.jspa?rapidView=71&view=planning.nodetail&selectedEpic=AFS-73>
6. **Set the sprint goal.**
7. **Review the first story:**Make a high level plan within the set constraints
8. **Estimate using planning poker**
9. **Move onto the next story and repeat Steps 7 and 8.**Repeat for each story in the backlog.
10. **Review sprint goal and create detailed implementation plan.**